

LINWOOD SPIRITUAL CENTER OFFERINGS 2023

Proof of full vaccination or Negative PCR test within 48 hrs. upon arrival required.

Unless specified, programs are gender inclusive and on site.

A \$50 non-refundable deposit is required to hold your space for all 2-3-day programs, \$100 for longer.

Full payment is required 14 days prior to the start of your program.

Need based scholarships are available. Contact the office: (845) 876-4178 x301

TO REGISTER

BY Mail, WRITE PROGRAM NAME ON THE MEMO OF YOUR CHECK. ON LINE, GO TO OUR WEBSITE TO PAY.

Private & group rentals (hosted) are not listed. Check the website or call the office.

JANUARY

27-29th Native Spirits-Celtic & Native American Spirituality. Led by **Br Mickey McGrath**. \$280

FEBRUARY

3-6 Winter Yoga Pray and Play, The Art of Deep Relaxation for Women w/ **Nancy Plumer**. \$450

17-19 Men's Recovery Retreat \$250

21-28 Ignatian Directed Retreat. \$800

MARCH

3-5 Women's Recovery led by **Linda Fisher**. \$250

7-9 The Slow Brave Work of Forgiveness w/**Janet Corso**. \$260

9-11 The Enneagram Workshop: Seeking Understanding, Choosing Life, A healing Journey. Led by Sr. Theresa Kastner. \$280

14-21 Ignatian Directed Retreat \$800

31-April 2 Spirituality for Men Retreat \$299

led by **McCorry, Shannon, Lennon, Hession**

APRIL

6-9 Annual Triduum Retreat, \$430

13-16 Machine Quilters Retreat \$430

22 **Sr Ilia Delio** Virtual Presentation

On site \$60/Zoom \$30

MAY

9-16 Ignatian Directed \$800

23-30 Guided Retreat- Daily presentations & silence. **Gerry Blaszcak, SJ**. \$800.00

JUNE

30—July 3 Hand Quilters Wknd, **Sr. Isaac**. \$430

JULY

5-9 Summer Yoga Pray and Play for Women.

Nancy Plumer. \$560

12-16 Yoga Pray and Play for All Genders **Nancy**

Plumer. \$560

18-25 Ignatian Directed Retreat \$800

AUGUST

11-13 Men's Recovery \$250

22- 29 Ignatian Directed Retreat \$800

SEPTEMBER

15-17 Soul Journey w/ **Dr. Craig Lennon** \$299

19- 26 Ignatian Directed \$800

28- Oct 1. Women's Recovery. \$250

OCTOBER

5-8 Machine Quilters \$430

10-17 Ignatian Directed

26-29 Autumn Yoga Pray and Play, **Nancy Plumer**.

\$430

NOVEMBER

3-5 Guided Women's Retreat Weekend,

w/ **Sr. Maureen**. \$299

DECEMBER

2-4 Annual Advent Retreat Pause in quiet reflection. Led by the Linwood Staff. \$299.

Linwood Spiritual Center 50 Linwood Rd, Rhinebeck NY 12572

(845) 876-4178 x301 EM: Linwoodspiritualoffice@gmail.com Web-site: Linwoodspiritual.org

